

## **670 - CANNING AND FREEZING**

### **Project Description**

Explore water bath canning and freezing home preservation methods with this interesting and informative project. (Pressure canning is not included.) Learn how pH determines which canning method to use, become familiar with canning equipment, learn when fruits and vegetables are in season, and preserve produce using the freezing method. The last activity is an easy, step-by-step guide to water bath canning your own applesauce! Members must have access to a current, reliable home food preservation guidebook.

### **To Complete the Project**

1. Complete all 7 activities.
2. Take part in at least 2 learning experiences.
3. Take part in at least 2 leadership/citizenship activities.
4. Take part in 4-H project judging. If you choose not to participate in judging, plan to discuss and review completion of your project with your 4-H Advisor.

### **Judging of this Project**

Interview judging for this project will be on Non-Livestock judging day at the Jr. Fair building. Please refer to the 4-H calendar for judging dates.

\*Requirements for Judging:

1. Completed project book.
2. Display of something learned in the project.
3. Bring a jar of your favorite prepared food item.

### **Project Display**

Prepare a display that shows the judge and fair visitors what you learned and accomplished in your project. For example, something you made, visuals or other items used to complete project activities, or a poster to share learned information.

**Your project book cannot serve as your project display.**

### **Display Areas**

At the Wood County Fair, your 4-H project will be displayed in the Wood County Jr. Fair building in your 4-H Club assigned booth.

### **Project Pick-Up**

You must pick up your project display at the end of the fair or arrange for someone to get it for you. Please refer to the Wood County Fair book or the 4-H Newsletter for project release times.

Projects not picked up by 3:00 p.m. on the last day of the fair will be disposed of.

**\*Ohio State Fair Project**

