

FIRST AID IN ACTION - 353 Project Guide Sheet

Project Description

In this project, you will learn about first aid and being prepared for an emergency. A family needs assessment will help you design a family first aid kit. You will learn first aid for cuts and scrapes, choking, strains, sprains and bruises, nosebleeds, foreign objects, stings, bites, poisons, broken bones, and burns. This is for members of all ages with little or no experience in first aid.

To Complete the Project

1. Explore all 12 Project Interest Areas by completing the “First Things First” and “Call To Action” activities.
2. Complete any 3 of the “More Challenges” listed throughout the book.
3. Put together a family first aid kit as part of Project Interest Area 12.
4. Take part in at least 2 Organized Project activities.
5. Take part in at least 2 Citizenship/Leadership activities.
6. Take part in 4-H project judging. If you choose not to participate in judging, plan to discuss and review completion of your project with your 4-H Advisor.

Judging of this Project

Interview judging for this project will be on Non-Livestock judging day at the Jr. Fair building. Please refer to the 4-H calendar for judging dates.

*Requirements for Judging:

1. Completed project book.
2. Display of something learned in the project.

Project Display

Prepare a display that shows the judge and fair visitors what you learned and accomplished in your project. For example, something you made, visuals or other items used to complete project activities, or a poster to share learned information.

Your project book cannot serve as your project display.

Display Areas

At the Wood County Fair, your 4-H project will be displayed in the Wood County Jr. Fair building in your 4-H Club assigned booth.

Project Pick-Up

You must pick up your project display at the end of the fair or arrange for someone to get it for you. Please refer to the Wood County Fair book or the 4-H Newsletter for project release times.

Projects not picked up by 3:00 p.m. on the last day of the fair will be disposed of.

***Ohio State Fair Project**

