



4-H Camp Palmer Rules and Regulations

1. Luggage is limited to one suitcase and one bed roll.
2. All items should be marked so that the camper will recognize his or her own belongings. This is especially important on swimsuits, towels, and personal care items.
3. Campers are required to be present and fully participate at all sessions/meals/camp activities unless excused by the Camp Director.
4. Everyone will assist with cleaning –including cabin clean-up, dining hall trash removal and sweeping, and bathrooms.
5. Any medication taken regularly by a camper must be given to the camp nurse, who will dispense it to the camper at the designated time. Campers must contact the nurse at appropriate times when prescribed medication is to be taken. This medication should be clearly marked with original prescription information provided by the pharmacy and indicated on the Ohio 4-H Health Statement (that was turned in at Camper Round-Up.)
6. Campers must report illness and injury to the camp nurse immediately.
7. No one is allowed in the pool or the canoes except when a lifeguard is present.
8. No one is allowed away from camp except on supervised tours.
9. **NO CELL PHONES OR ANY ELECTRONIC DEVICES OF ANY KIND!** If a cell phone or electronic device is brought to camp, it will be collected by a counselor at the first cabin meeting and turned in to the Camp Director until the end of camp. Each parent signed off on this policy as a part of the Ohio 4-H Health Statement packet (that was turned in at Camper Round-Up.)
10. No drugs, alcohol, tobacco, or fireworks are allowed at camp.
11. The Camp Management / Extension Staff cannot be responsible for articles, left, lost, or stolen at camp. Do not bring anything that you might be upset about not making it back home.
12. There will be absolutely no damaging or defacing of camp property. This camp belongs to the 4-H members of Wood County / Northwest Ohio. **PLEASE RESPECT IT!!!**
13. Any rules broken by campers, if deemed severe enough, will result in the camper's parents being called and the camper will be returned home.