Dear 4-H Parent,

4-H camp is rapidly approaching and as a camper’s parent, you probably have many questions. Read this newsletter CAREFULLY. It should answer many of your questions as you and your child prepare for 4-H camp. If you have further questions, please feel free to contact me at 419-354-9050 or by email at roth.4@osu.edu. We look forward to a fun-filled week at this year’s 4-H camp!

Sincerely,

Jayne Roth
Extension Educator, 4-H Youth Development
Wood County 4-H Camp Director

What is 4-H Camp Palmer anyway?
Wood County 4-H camp is held annually at 4-H Camp Palmer near Fayette, Ohio in Fulton County about 55 miles northwest of Bowling Green. A map and directions to 4-H Camp Palmer are enclosed. A list of campers attending this year’s camp will be available at the Extension Office after May 31st. Parents names will also be available to serve as a reference for parents who want to carpool.

4-H Camp Palmer Address & Phone:
“Camper’s Name, County”
4-H Camp Palmer
26450 Co. Rd. MN
Fayette, Ohio 43521-9575
Camp Phone: (419) 237-2247 – During Business Hours
or Camp Director: (419) 261-3411 – After Hours or FOR EMERGENCY ONLY!

Please use this form in sending USPS mail to a camper or see insert for email option. We would suggest that mail be sent a few days prior to the beginning of camp to ensure that the mail reaches Camp Palmer while Wood County is still there. Also, the camp phone is only answered during work hours, otherwise please call the camp director for emergencies only.

Check-In and Registration
CHECK-IN TIME
Friday, June 14th from 3:00PM to 4:00PM

CHECK-OUT TIME
Tuesday, June 18th from 10:30AM to 11:00AM

It takes about 1 hour and 10 minutes to get to camp from Bowling Green. PLEASE DO NOT ARRIVE BEFORE 3:00 PM OR AFTER 4:00 PM ON Friday. Registration WILL NOT begin until 3:00 PM on Friday because counselors and staff are still meeting and preparing until that time. All campers must be picked up at 10:30 AM on Tuesday. No lunch will be served on Tuesday. Parents, please adhere to this check-out time. Often times, a camper gets left at camp because of a mix-up in driver arrangements. DO NOT let this happen to your child! Also, please remember to check the lost and found box located at the flagpole. Each year we literally bring home trash bags full of clothes and other items!

Taking campers out of camp during the week is very disruptive to their routine. Please do not make any plans to take your child out of camp during this week. This is not good for the youth’s group involvement and continuity in the program. However, if a camper MUST leave Camp Palmer, parents MUST have filled out the “Late Arrival/Early Release” section on the health form (or tell a nurse at camp) and provide an explanation as to the reason for departure.

Directions
There are several ways to get to 4-H Camp Palmer from our area. Directions and a map have been included. (Note- The turnpike is the quickest. Camp Staff prefer “Road D” from Whitehouse to Archbold to Route 66.)
Please read all of the following information carefully:

Health Form
The health history and medication authorization form that was turned in with your child’s registration form is EXTREMELY IMPORTANT for the safety and health of your child. We asked that this form be turned in prior to camp so that the camp nurses can check the forms and clarify any information when the campers arrive at camp. When coming to camp, each camper will check in with a camp nurse and any updates or changes can be made to the medical form.

Medical insurance is carried on each camper. The camp nurse will be available at all times and if at any time treatment is needed, an ambulance can be summoned or the child can be taken to a nearby hospital. (See insert for more info regarding injury or illness).

Medications
Campers will not be allowed to keep or carry any medication during the week of camp (this includes over-the-counter medication), excluding inhalers and epi-pens. If you need to bring prescription medication for your child (over-the-counter can be supplied by the camp nurse), it is important that it be in a Ziploc bag with the camper’s name clearly marked on the outside. All bottles of medicine must be brought in the container in which they were issued (with medical orders and physician’s name intact). Please have these ready to hand to the nurse (not in your suitcase) because they will need to be turned in upon registration.

Details, Details, Details...
After the camp registration deadline of May 24th is past we will be taking non-4-H friends to join in on the fun (if spots remain open). If you have someone you would like to invite, please call us at 419-354-9050 after May 24th.

Bank
A camp bank will be available for your child to use throughout the week when the snack bar, pop machine and Camp Palmer store will be open.

Bringing money to camp is optional, but if you decide to bring some, we suggest $4- $5 for a pop or candy; more is needed of you plan to buy any of the camp merchandise in the camp store. We STRONGLY ENCOURAGE you to send quarters or $1 bills (try cashing 200 $5 bills)!

We encourage use of the bank because with 200 campers, things tend to get misplaced. Any money that the camper does not use can be picked up when you leave for home. If you plan to take your child home early, bank money can be picked up at the Extension Office at a later date.

Picture
New this year, the camp photo will be available online. A link will be sent to your email provided through 4-H Online.

Optional Sessions
When campers turned in their registration forms, they chose the sessions they would like to participate in at camp. Campers will receive their nametag when they meet in their groups on the first night of camp. On the back of their nametag will be the sessions they are to attend.

Water Carnival
Again this year, campers will participate in marshmallow paint ball at the water carnival. We ask that you pack an old t-shirt and/or shorts that you don’t mind getting tempera paint on for your child to wear over their bathing suit. Be prepared for these clothes to not return home in good shape.

Mosquitos
Camp Palmer sprays weekly for mosquitos, but we live in the woods so bug spray is very important!

Cell Phones (See Insert)
In compliance with OSU Policy, we have included the Wood County 4-H Camp Cell Phone Policy. Please review the policy with your child.

4-H CAMP = NO PHONE ZONE
What NOT TO BRING to Camp
- Shaving Cream
- CD Players/iPods
- **NO CELL PHONES**, two-way radios or other electronic devices
- Anything illegal or valuable, of course
- Clothing or anything with inappropriate slogans/wording—(we will ask campers to change)

With 20 children living in the same cabin for four days, the possibility of lost or misplaced clothing is very great. Therefore, we **STRONGLY RECOMMEND** that names be placed on ALL clothing and sleeping bags, especially towels, bathing suits and inexpensive cameras. As a general rule, we advise if you’re going to be upset about an item not coming home from camp—DON’T SEND IT TO CAMP! All lost and found articles left at 4-H Camp will be kept at the Extension Office for 2 weeks.

FOOD
Although we do not ban campers from bringing food to camp, we ask that if you do, please keep it to a minimum (i.e. no coolers), and to keep it in a sealed bag. Our nature friends like chipmunks, raccoons, and ants love to find open food containers in the cabins! Water Bottles are always a good idea to pack for your child.

**Wood County Camp Staff:**
**Camp Director**- Jayne Roth, 4-H Extension Educator  
**Program Staff**- Jenny Morlock, 4-H Program Assistant  
Deb Dewese, 4-H Office Associate  
Jenna Teet, Student Assistant  
Megan Kerr, 4-H Intern  
**Camp Nurses**- Sarah Davis, Peg Naus, Bri Hammond, and Michelle Dewese  
**Adult Staff- 4-H Volunteers**
Trevor Buehrer  
Sara Caris  
Leesa Caris  
Matt Caris  
Liz Latta  
Olivia Lause  
April Michaelis  
Doug Michaelis  
Catherine Pape  
Donna Arnold

**Counselors-**

**Cereal Box Crew:** Jacob Caris, Noah Hahn, Kennedi Hendricks, Jordyn Lenox, Sydney Mazey  
**Pizza Box Posse:** Keith Damschroder, Ellie Kregel, Austen Nissen, Olivia Ruffner, Kiley Sabo  
**Balboa’s Boxing Bunch:** Montgomery Alexander, Kylie Brinkman, Will Gase, Jenna Reichert, Keegan Shank  
**Toolbox Truckers:** Dane Creps, Kenzie Kneessi, Seth Pullins, Sheriden Schuerman, Claire Wallace  
**Glove Box Gang:** Ross Beaverson, Susie Foos, Zane Hagemeyer, Jamie Lahey, Amelia Pullins  
**Tackle Box Troop:** Sam Eiben, Emily Keiser, Cade Limes, Lucy Pullins  
**Pencil Box Pals:** Abby Gase, Kelsey Kerr, AJ Thomas, Ian Wallace, Lilly Westgate  
**Donut Box Dudes:** Hayden Belleville, Megan Dunne, Sid Grames, Brynne Limes, Morgan Simon  
**Box Turtle Bunch:** Sarah Carpenter, Gus Eschedor, Madison Finley, Courtney Reyome, Sam Scifers  
**Box Car Bandits:** Trey Battin, Emma Finley, Hannah Judson, Brianna Marovich, Derek Michaelis
Themes for the Week

Friday - “Let’s Knock it Outta the Box”
Saturday - “Heavy Weight Champion of the World”
Sunday - “Lunch Box Café”
Monday - “Box Wars”
Tuesday - “Box it Up”

Preparing Children for Camp

While at camp your child will be learning to live in a group atmosphere. Campers will be expected to assist with clean-up and chores such as sweeping, washing off tables, and trash pick-up. Campers will be expected to keep their own belongings neat and tidy. Parents should also talk with campers about the importance of wearing sunscreen and (especially) bug spray. With the many activities that camp provides, campers will be on the go the majority of the day. If it is especially hot the week of camp, campers should be sure to drink lots of fluids (not all pop!) and be encouraged to swim so as not to get overheated. Below are a few guidelines for preparing children for camp...

1. Talk with other parents and friends to learn from their experience. Introduce your child to others who have been to camp or who will attend your child’s camp.
2. Prepare your child to care for him/herself. Have them practice picking out their own clothes, making their bed, staying with a friend for the weekend, etc.
3. Problem solve with the child. Discuss “What if... you don’t feel well at camp? You don’t remember where to go next?”
4. Talk about missing home and how to cope with that. Pack a family picture. Feeling lonesome is okay, but you should have fun too!
5. Strongly avoid statements such as “If you don’t like camp you can come or call home”. Children who are experiencing difficulties adjusting to camp will compound the problem by not giving it a fair chance. Often they will close their minds to adapting to camp, and focus immediately upon going home.

ANY QUESTIONS? CALL (419) 354-9050!
SEE YOU AT CAMP!
2020 Camp Dates– June 19-23